

## FOTO Patient History

*Staff to Complete*

Patient ID: \_\_\_\_\_ Last Name: \_\_\_\_\_ Date of Survey: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**1. Other Health problems may influence your treatment, please check any of the following problems that apply to you. If you select a category, please provide more detail by circling the specific issues in the row below.**

Lungs or breathing

Asthma      Pneumonia      TB      Emphysema      Bronchitis      Other      None

Blood pressure or heart

Hypertension      High Cholesterol      Heart Disease      Heart Surgery      Pacemaker  
Angina      Heart      Murmur      Other      None

Digestion, bowel, liver, gall bladder

Ulcer      Liver Disease      Gall Bladder      Colon      Bowel      Other      None

Kidney, bladder, prostate, or urination

Kidney disease      Bladder disorder      Prostate      Urination      None

Diabetes, thyroid, hypoglycemia

Diabetes      Thyroid      Hypoglycemia      None

Arthritis or other joint disorders

Rheumatoid arthritis      Arthritis      Lupus      Joint replacement  
Ligament repair      Osteoporosis      Fractures      Metal Implants  
Osteoarthritis      Other      None

Neurological disorders or headaches

Headaches      Seizures      Stroke      Multiple sclerosis      Other      None

Hearing disorders

Hard of hearing      Deafness      Other      None

Vision disorders

Blindness      Cataracts      Peripherally limited vision      Low vision      Other      None

Nervous System Disorders

CVA      Parkinson's Disease      Alzheimer's Disease      Other      None

Previous accidents

Automobile      Work      Other      None

Allergies

Soaps      Perfumes      Dyes      Dust / environment      Latex      Food  
Drugs / medications      Other      None

Incontinence

Bowel      Bladder      None

Cancer

Vascular Disorders

Venous      Arterial      Lymphatic      None

Mental Health Issues

Depression      Anxiety      None

Other disorders

None

**2. Personal habits influence your treatment; please select your current or past habits:**

- Smoking
- Alcohol
- Substance abuse
- Other
- None

**3. Please select the highest level of education you have completed:**

- 1<sup>st</sup> Grade    2<sup>nd</sup> Grade    3<sup>rd</sup> Grade    4<sup>th</sup> Grade    5<sup>th</sup> Grade    6<sup>th</sup> Grade    7<sup>th</sup> Grade
- 8<sup>th</sup> Grade    9<sup>th</sup> Grade    10<sup>th</sup> Grade    11<sup>th</sup> Grade    12<sup>th</sup> Grade
- College:  1 Year    2 Years    3 Years    4 Years    5 or more years
- Post-Graduate:  1 Year    2 Years    3 Years    4 Years    5 or more years

**4. What is your preferred learning style? *Select as many as you choose.***

- Verbal
- Reading
- Doing
- Watching

**5. Please select the description of your living situation:**

- I live at home alone
- I live at home with my spouse
- I live at home with my spouse and kids
- I live at home with others
- I live in a community housing such as an assisted living facility
- Other

**6. Do you have any religious or cultural practices that we should know about?**

- Yes
- No

**7. Do you have any special diet that we should know about?**

- Yes
- No

8. Have you recently had a significant change in your weight?

- Yes
- No

9. If the answer to #8 is Yes – Regarding your weight change, was it a...

- Gain
- Loss

10. Is your current problem the result of an accident?

- Yes
- No

11. If the answer #10 is Yes – Please select the type of accident:

- Automobile
- Work
- Home
- Other

12. If the answer #10 is Yes – Please give the date of your accident

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Month Day Year

13. What testing have you had for this problem? Please also indicate what you were told about any of the tests that you have had.

- X-Rays
  - Nothing
  - There was a problem
  - There was nothing wrong
- MRI
  - Nothing
  - There was a problem
  - There was nothing wrong
- CT Scan
  - Nothing
  - There was a problem
  - There was nothing wrong
- Myelogram
  - Nothing
  - There was a problem
  - There was nothing wrong
- None

14. What treatment have you had for this problem? For any of the treatments you have received, please indicate how you were after the treatment.

- Physical Therapy
  - Worse
  - Same
  - Better
- Occupational Therapy
  - Worse
  - Same
  - Better
- Speech Therapy
  - Worse
  - Same
  - Better
- Chiropractic
  - Worse
  - Same
  - Better
- Surgery
  - Worse
  - Same
  - Better
- Acupuncture
  - Worse
  - Same
  - Better
- None

**15. What prescription medications are you taking for this problem?**

- Pain killer
- Muscle relaxer
- Antibiotic
- Anti-Inflammatory
- Unknown
- Other
- None

**16. What non-prescription medicine are you taking for this problem?**

- Aspirin
- Ibuprofen
- Antacid
- Other
- None

**17. Since your problem began, describe the current trend of the most prominent symptoms:**

- Getting worse
- Staying the same
- Getting better

**18. Please mark all of the symptoms you are experiencing.**

- Pain
- Swelling
- Paralysis
- Tingling
- Numbness
- Other

**19. When are you scheduled to see the doctor who referred you here for treatment?**

\_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
Month Day Year

**20. (Female Only) Are you pregnant?**

- Yes
- No

**21. (Female Only) How many children have you delivered? \_\_\_\_\_**